

# anxiety disorder and xanax

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We offer specialized treatment programs that can provide you with both knowledge and power to better understand and overcome both struggles at one. Anxiety and the treatments for it are as individual as are the different people who need help. Dear Theresa06 - I do take Xanax, 1mg up to 5 per day, but usually make it on 4. For a long time, I really didn't feel any reaction from taking Xanax. Asked 29 Jul by theresa06 Updated 16 Aug Topics xanax , depression , anxiety , generalized anxiety disorder , disorder Details: It is highly addictive and easily abused. At Black Bear Lodge , we specialize in helping people who have co-occurring addiction and mental health diagnoses, like anxiety. We comply with the HONcode standard for trustworthy health information - verify here. View top members Find a member. There is a risk of emotional and physical dependence when taking Xanax. I can attest to the fact that it is truly addicting! Aug 16, - 7 Answers - Posted in: xanax, depression, anxiety - Answer: Hi Theresa. Yes, many do so. It is highly addictive and easily abused. If I wanna know zoloft is better or xanax for anxiety and. About Anxiety Disorders. Horizontal Line. Understanding generalized anxiety and panic disorders. Anxiety is a normal reaction to stress. But anxiety disorders, such as generalized anxiety disorder and panic disorder, are different because they involve excessive fear and anxiety. They're some of the most common mental. Individuals with GAD do not typically experience the debilitating symptoms associated with the majority of other stress related disorders. Anxiety disorders and their symptoms are typically treated with a variety of medications and though the treatment depends on the individual, those with GAD have found relief with Xanax. Wondering if anyone else has been prescribed Xanax. I have been taking it for stress, anxiety and panic for a few years now. Sometimes I get so scared that I am going to be addicted to it, and get anxious just about taking it. Somedays it is one of the only things that helps me feel "normal" whatever "normal". Xanax addiction begins when people begin to use this powerful prescription medication on a purely recreational basis because they like the way it makes them feel. But for people who develop addictions to Xanax after being diagnosed with anxiety disorder, it's a more complicated situation. These people still require. Studies have shown venlafaxine to be a good medicine for people who have another problem along with generalized anxiety disorder, such as panic disorder or depression. These medicines take several weeks to work well. Benzodiazepines, such as diazepam (Valium) or alprazolam (Xanax), which traditionally have been. Dec 7, - Xanax is used to treat anxiety and panic disorder. Learn all about Xanax, how it works and the potential side effects that can occur. Then you will see each of the major problems (panic attacks, generalized anxiety, and so forth), with descriptions of the commonly recommended medications for that difficulty. (I gratefully acknowledge James Ballenger, MD for his review of this section.) BENZODIAZEPINES. alprazolam (Xanax) panic, generalized anxiety. Dear Editor: It is well known that alprazolam is effective in anxiety disorders. But review of published literature suggests that alprazolam can be effective in treatment of depression as well OCD. Animal studies have suggested that alprazolam causes a net decrease in noradrenergic activity in an anxiety state but produces a. Nov 17, - They're often used to control mania before mood stabilizers take effect. They can also treat sleeplessness. Additionally, they may help relieve anxiety, which is frequently experienced by people with bipolar depression. Xanax is one of the newer entries in the tranquilizer lineup, and it's the most commonly.