

is it hard to get a xanax prescription

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Previous 1 2 3 4 5 6 7 Next. It dissolves your worries, whatever they are, like a special kiss from Mommy. They differ from one another in potency and duration; those that enter your brain most quickly Valium and Xanax can make you the most high. According to the federal Substance Abuse and Mental Health Services Administration, rehab visits involving benzodiazepine use tripled between and Only drugs for chronic conditions like high blood pressure and high cholesterol do better. Skip to content , or skip to search. In these anxious times, Xanax offers a lot. Coke binges are for fizzier eras; now people overdo it trying to calm down. Panicked strivers have replaced sullen slackers as the caricatures of the moment, and Xanax has eclipsed Prozac as the emblem of the national mood. Benzos can also be extremely addictive, and their popularity can be gauged by their illegitimate uses as well. Its sufferers gather in places like New York, where relentlessness and impatience are the highest values, and in industries built on unrelenting deadlines and tightrope deals. Prescriptions for benzodiazepines have risen 17 percent since to nearly 94 million a year; generic Xanax, called alprazolam, has increased 23 percent over the same period, making it the most prescribed psycho-pharmaceutical drug and the eleventh- most prescribed overall, with 46 million prescriptions written in In their generic forms, Xanax is prescribed more than the sleeping pill Ambien, more than the antidepressant Zoloft. Illustration by Alex Trochut. Mar 26, issue of New York Subscribe! But functional anxiety, which afflicts nearly everyone I know, is a murkier thing. There are a lot more benzos circulating these days, and a lot more sharing. Not quite a disease, or even a pathology, low-grade anxiety is more like a habit. I think I may need one but maybe not enough to warrant a prescription. Apr 23, - dont rant to me how addictive it is, ok i know i need it i get severe panic attacks i heard it works i tried something else thats for anxiety and depression it dont work just tell me what to say to my doc i am goin to a new one tomorrow what do i say cant just be like yo doc i need xanax i get panic attacks please What type of doctor should I visit for Xanax? Did your friend ever try antidepps before she tried xanax? Because the fact is many people's anxiety respond very well to antidepps, and it is a much safer alternative; not as addictive, no risk of overdose. She needed to try antidepps at least once to get an idea of what medication is most suited for her. I want to be prescribed Xanax, but i'm only 15 years old. How to Get Prescribed Xanax. You may have You need to approach this topic delicately, since the doctor may become suspicious if she thinks you came in just to get this medication; as noted, Xanax is often abused. However . Xanax can get you through a crisis, such as a stressful exam or difficult meeting. The correct. If i tell the doc all of my story what do you think the chance of getting the prescription is? thanks. 1 . Xanax isn't even available on the NHS, it's private prescription only. Like someone said above, they make me reallllly drowsy, which sure makes me relaxed - but it's hard to so regular things when you're that tired anyway. By presenting the accurate signs and symptoms, your chances of obtaining a prescription will be enhanced significantly. Conclusion At the end of the day, getting a prescription can be difficult because Xanax is very addictive, but it is not impossible. By speaking with your doctor or psychiatrist and being totally honest, they'll. I DO have anxiety and panic attacks pretty frequently actually but I do also like them for recreation. Is it as easy as going to a doctor and saying something like "I just get real bad panic attacks. Even shorter story, i'm out of xanax so i told her i probably need a script, since nothing is really getting easier. She told me and i'll .. It'll be tough for you to ask up front for a prescription for Xanax, as this will limit your potential for gaining any Xanax in the future, from the psychiatrist. Next thing on your list of (benzos) Advice on getting and keeping my xanax. Nov 14, - 1) Its rapid onset of action means it is abused by people, without anxiety, to get high. Its effects are similar to alcohol. It is reportedly the most commonly abused prescription medication in the US. From a doctor's perspective it is extremely difficult to differentiate a patient requesting an alprazolam script for genuine medical. Apr 3, - If you have anxiety that's bad enough to warrant being on benzos, you probably won't have much of a problem getting them prescribed. Like one of the This is considered an absurd dose today but back when this was happening you just didn't hear of people abusing xanax to get high. Nobody talked.