

# lamictal for generalized anxiety disorder

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This material is provided for educational purposes only and is not intended for medical advice, diagnosis or treatment. Typically used to treat seizure disorders such as epilepsy, Lamictal works by decreasing abnormal activity in the brain and seems to be particularly effective for the depressive episodes of bipolar disorder, as well as comorbid anxiety. Does Lamictal help with GAD? I used BuSpar also, which didn't work for me. Updated November 17, It took 5 weeks, but it did work and my depression and anxiety is now under control. Food and Drug Administration FDA for the treatment of any anxiety disorders, though it is approved to treat bipolar disorder and seizure disorders. Still looking for answers? Article Pregnancy and the Safety of Using Lamictal. These side effects may go away in time, but if they don't or they're bothersome, contact your doctor. We comply with the HONcode standard for trustworthy health information - verify here. Lamictal lamotrigine, a mood stabilizer and anticonvulsant, is not approved by the U. To view content sources and attributions, please refer to our editorial policy. You had responded to my question about Trazodone. Jan 10, - I was prescribed Lamictal by my PCP for generalized anxiety after having bad side effects with SSRIs, tricyclics, quetiapine, vistaril, and seroquel. I used BuSpar also, which didn't work for me. I did use Oleptro which worked VERY well, but insurance won't approve. I have been using clonazepam for 6 years Has anybody had good results with Lamictal against. Rated Lamictal for Bipolar II disorder Report. I took lithium for what seemed like forever. it worked, of course, but not without some rocky side effects that eventually got a little worse month after month. Lithium wasn't helping with depression really, and furthermore, I was experiencing this cyclical anxiety several hours after I. Oct 4, - Anxiety subtypes: Another possible benefit of using lamotrigine as an anxiolytic is that it may treat numerous diagnostic subtypes of anxiety including OCD, PTSD, panic disorder, and possibly even generalized anxiety disorder or social phobia. Thus far there is strongest evidence to support the efficacy of. As it is too early to pinpoint the specific disorders that Lamotrigine is most effective in treating in, here are some disorders where Lamotrigine has been beneficial of Lamotrigine that are rare include mania, irritability, emotional upheaval, depression, confusion, confusion, concentration issues, anxiety, and agitation. This review addresses one potentially new pharmacologic treatment for generalized anxiety disorder, the gamma-aminobutyric acid analogue pregabalin. We review the .. Lamotrigine is potentially effective in the treatment of PTSD () and may have an adjunctive role in the treatment of refractive OCD (). Topiramate has. Dec 22, - For mixed anxiety and depression comorbid with bipolar disorder, we recommend augmentation of an antidepressant with either lamotrigine or an atypical For the psychosocial component, we will only focus on the comorbidity of generalized anxiety disorder and major depressive disorder, as a focus on. Feb 14, - Hello, I'm 40 and have suffered from severe anxiety since I was a preteen. I've never worked outside my home longer than 3 months at a time (maybe 6 times total). I've tried all of the SSRIs and SNRIs over the years, but with very bad side effects -- for some reason, the SSRIs make me VERY emotional and What dose of Lamotrigine do you take? From all medications i have tried before Lyrica was the most helpful so i hope Lamictal will work as good as Lyrica. I have been diagnosed with borderline personality disorder, SA, chronic depression, GAD, fibromyalgia and extreme mood swings. Lyrica stabilize my mood a lot, helps with fibromyalgia, but it. Feb 27, - My psych just prescribed me Lamictal for my anxiety/depression. I am not bipolar (at least I don't think I am). She explained that lamictal is used off-label for many different purposes, and as I didn't like the side effects from SSRIs/Wellbutrin Lamictal might do the trick. I'd love to hear personal anecdotes. Dec 12, - The reason Lamotrigine works so well for anxiety Anxiety Disorders, OCD & PTSD. Generalized Anxiety Disorder, Obsessive Compulsive Disorder, Panic Disorder, Post-Traumatic Stress Disorder, Simple Phobias, and Social Anxiety Lamotrigine has literally changed my life when it comes to anxiety.